



POLIO AUSTRALIA INCORPORATED

Representing polio survivors throughout Australia

ABRN 142 977 053

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Late Effects of Polio Workshop

Thursday 20 February - 1.30pm - 4.30pm

Report



Evaluation Summary

Of the 19 health professionals present at the workshop, disciplines were equally divided between physiotherapists and occupational therapists, plus one nurse, one Case Manager and one Care Manager. Most attendees found out about the workshop from MS Australia with one third hearing from colleagues. The overwhelming response was positive to Polio Australia's pilot Late Effects of Polio (LEoP)/Post Polio Syndrome (PPS) workshop, with all attendees saying they would recommend the session to other treating health professionals and around three quarters showing interest in being recognised as an informed/experienced LEoP and/or PPS practitioner.

Virtually all attendees said that health professionals need information on the LEoP/PPS, and most said they would take follow-up action. All attendees said they now could better understand and recognise LEoP/PPS symptoms. Most attendees said the session helped them to understand how LEoP/PPS exercise and management options differed from other neuro/ageing conditions. Most attendees indicated they now have better awareness of how Polio Australia supports polio survivors and health professionals.

Evaluation Responses

What type of profession or discipline best describes you?

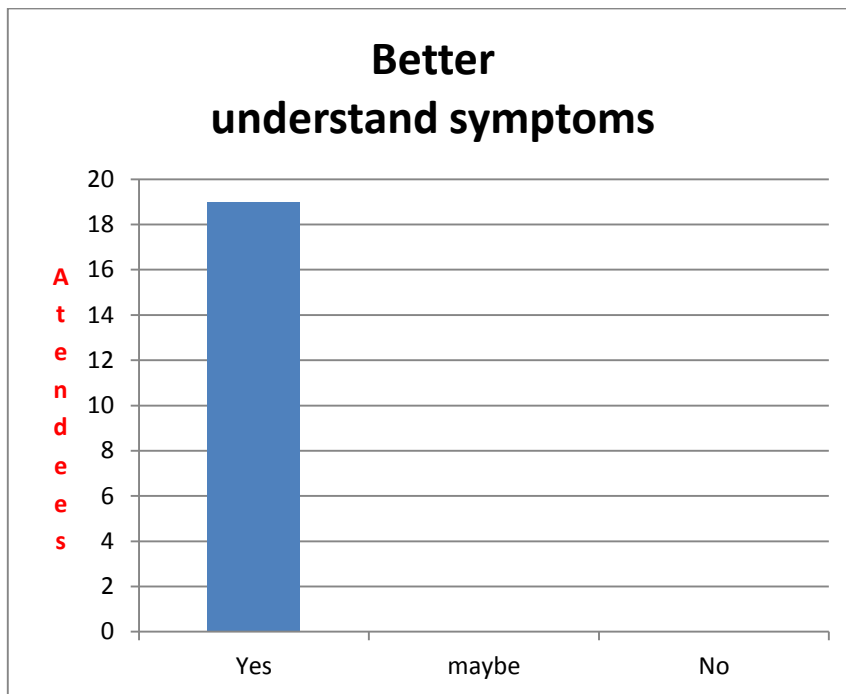
Care Manager:	1	Occupational Therapist:	8
Case Manager:	1	Physiotherapist:	8
Nurse:	1		

How did you find out about this session?

MS Australia:	14
Colleague:	4
Other:	1 - Polio Australia Email

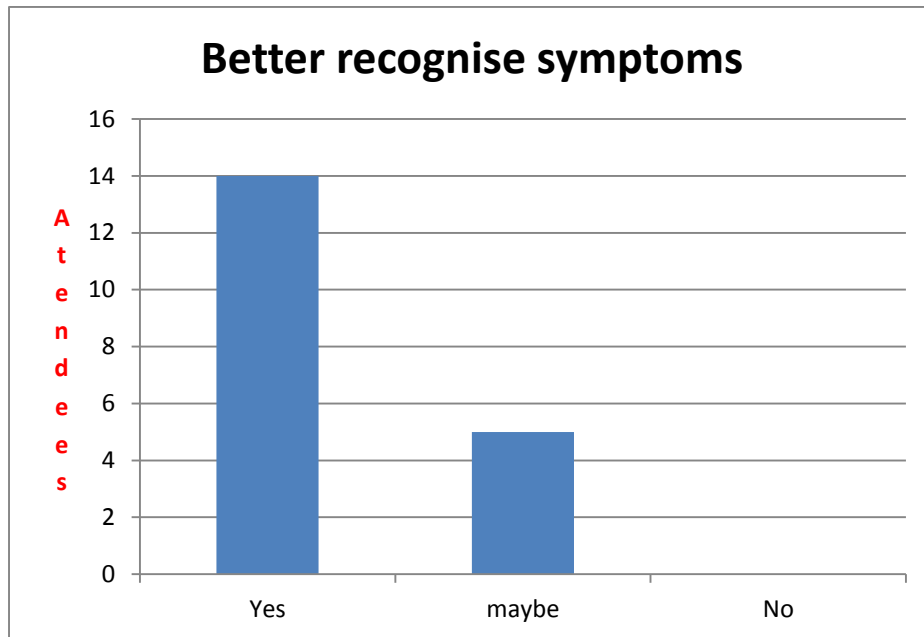
Has this Understanding the Late Effects of Polio Workshop assisted you to:

- Better understand the symptoms associated with the Late Effects of Polio (LEoP) and/or Post-Polio Syndrome (PPS)?



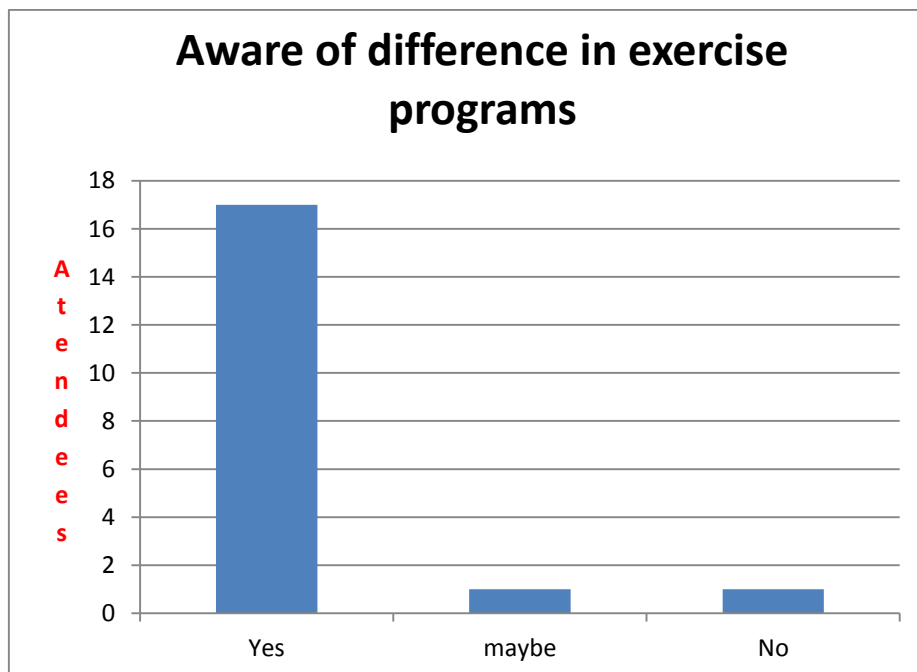
19 said Yes

- Be more confident in your ability to recognise the symptoms of the LEOp and/or PPS, or people who may be at risk of developing symptoms in future?



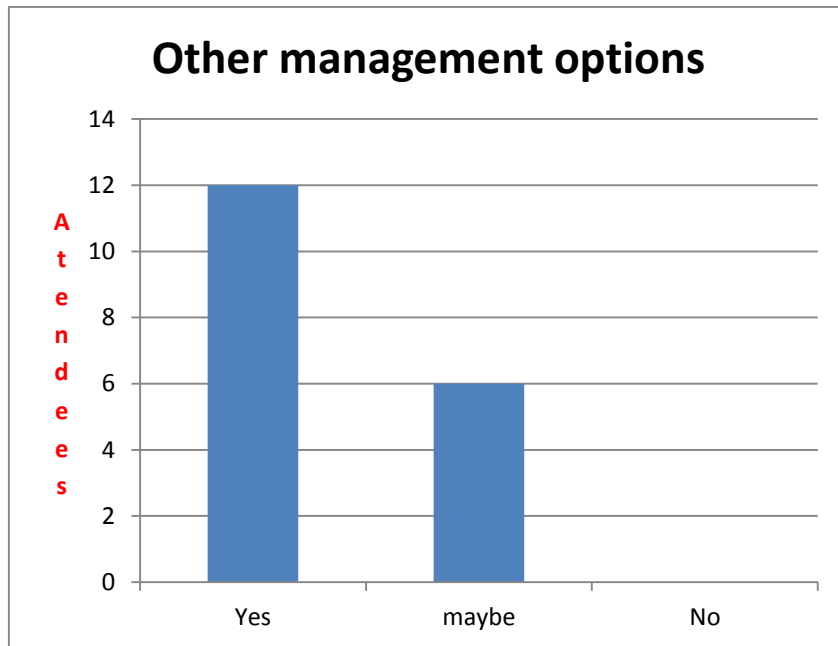
14 said Yes, 5 said Maybe

- Be more aware of how exercise programs for people with the LEOp and/or PPS differ from other neurological conditions and/or general ageing?



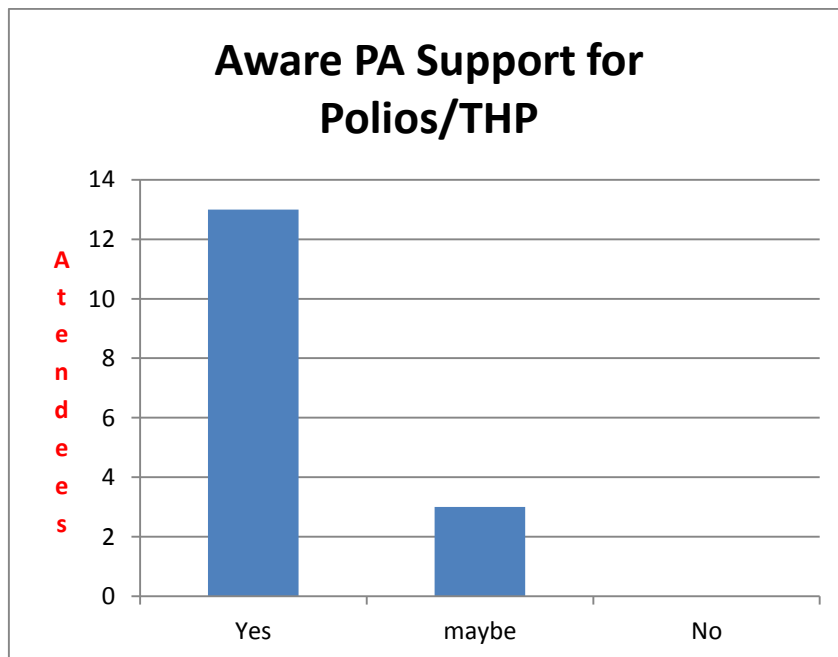
17 said Yes, 1 said Maybe and 1 said No

- Be more aware of other clinical management options/interventions for people with the LEOp and/or PPS?



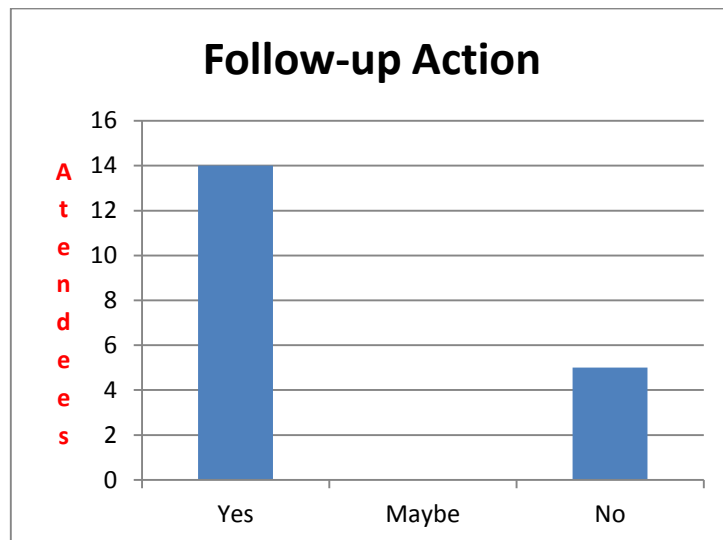
12 said Yes, 6 said Maybe

- Understand how Polio Australia supports polio survivors and health professionals?



13 said Yes, 3 said Maybe

Do you think you will take further follow-up action after hearing today's information?

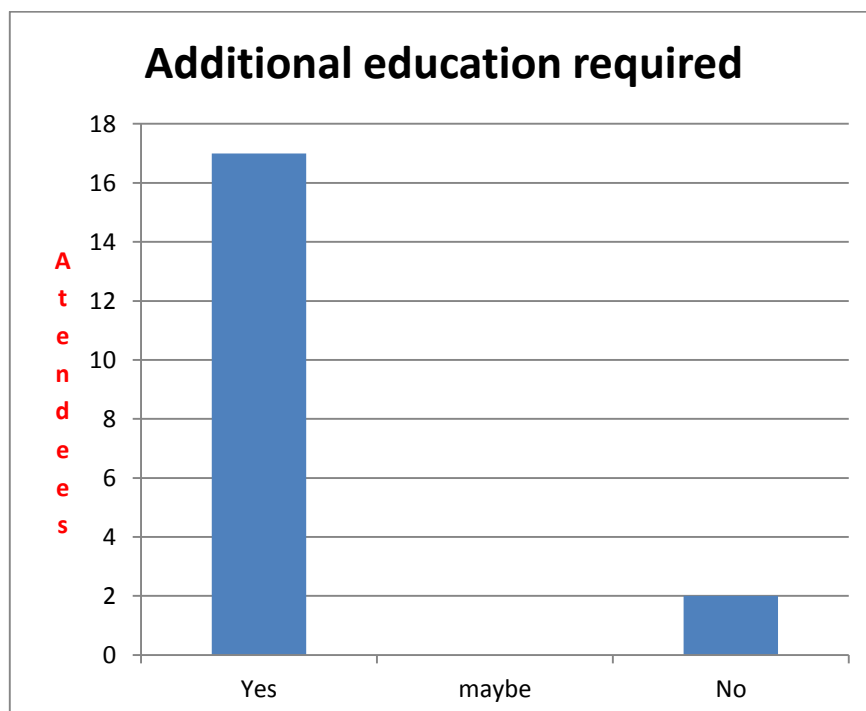


14 said yes, 5 said No

If 'Yes', please provide details:

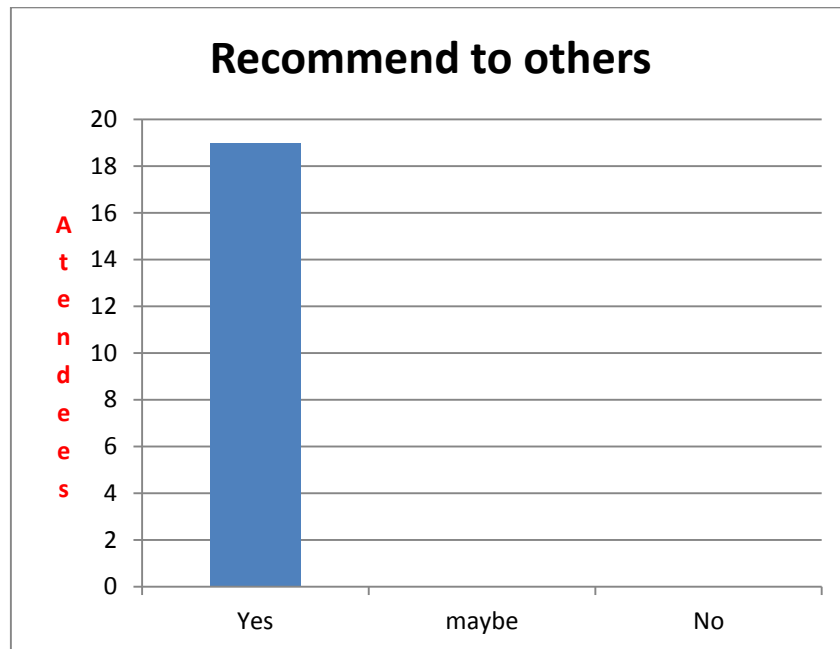
- Share new information with treatment team/colleagues/support networks **x4**
- Further reading/research/online self-education **x5**
- Use new knowledge re exercise/muscle strengthening for polio clients **x3**
- Review with team current clients and encourage regular medical reviews **x2**
- Have conversations with my polio clients **x2**
- Increased liaison/referral to Polio Services Victoria/Polio Australia **x2**
- Commence a polio resource file for workplace **x1**
- More detailed physiotherapist assessment with polio clients **x1**
- Change language in funding applications **x1**

Do you believe there is a need for additional education for health practitioners on the LEOp and/or PPS?



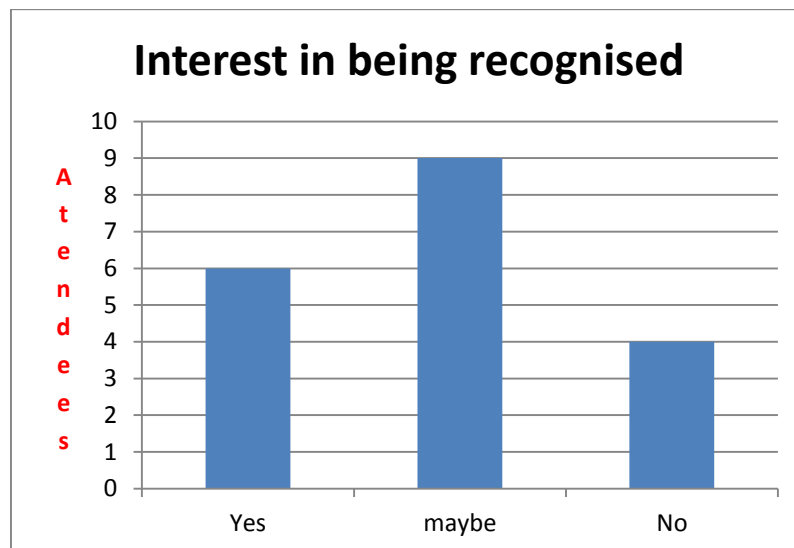
17 said Yes, 2 said No

Would you recommend Polio Australia's Understanding the Late Effects of Polio Workshop to other health practitioners?



19 said Yes

Are you interested in becoming recognised as an informed/experienced LEOp and/or PPS practitioner?



6 said Yes, 9 said Maybe and 4 said No

LEoP Workshop Evaluation Written Responses

What aspect/s of the Workshop did you find the most useful?

- Overall review of physical and psychological impacts **x7**
- Difference between LEOp and PPS **x6**
- Information re LEOp/PPS management strategies for physiotherapist **x3**
- PPS/LEoP exercise considerations/guidelines **x2**
- Good multidisciplinary approach **x1**
- Doctor and physiotherapist talks **x1**
- Role of Polio Australia/Polio Services Victoria **x1**
- Better understanding of PPS/LEoP Resources available **x1**

What other information would you like to have been presented with?

- Useful to have handouts during talk to facilitate note taking **x2**
- More case studies **x2**
- Orthotist involvement **x1**
- More information on treatment/management options **x1**
- Include polio survivor/patient for their input **x1**
- Knew of current evidence re exercise but would like case studies with orthotics **x1**
- Case study of LEO/PPS assessment/outcome **x1**

Additional Comments

- Excellent presentations, great job in pilot training session **x4**
- Thank you - very informative, stimulating and useful afternoon **x4**
- Great venue, café and registration **x2**

Suggestions

- Physical break - stand-up/stretch between presentations needed **x1**
- Coordinate doctor and physiotherapy sessions to cover more material by reducing repetition **x1**
- Distribute copies of slides during presentations to aid note taking **x1**