

SATURDAY, MAY 31

12:00 – 4:15 pm

Registration

6:00 – 8:30 pm

Open Bar & Dinner (ticket required)

3:00 – 4:15 pm

**Pre-Conference Session: Orientation
for participants attending their first
PHI conference**

Welcome
William G. Stothers

Maximizing Your Conference Experience
Joan L. Headley

**Review: Late Effects of Polio & Your
Health**
Frederick M. Maynard, MD

7:45 – 8:30 pm

**“One World,” performed by the
DisAbility Project of That Uppity
Theatre Company and Common
Threads Dance Company**

SUNDAY, JUNE 1

9:00 – 10:15 am

Polio’s Effects on Breathing ■
Moderator: Bonnie Jo Grieve, MD
Presenter: John R. Bach, MD

**Help with Healing: Humor,
Breathing, Stretching, Yoga** ■
Presenters: Melissa Gatlin, Hannah Hedrick,
PhD, Millie Lill

**Changing Relationships through a
Life Span** ■

Presenters: Sandra Loyer, LMSW, Stephanie
T. Machell, PsyD

Managing More Meds ■

Presenters: Marny K. Eulberg, MD, Alicia B.
Forinash, PharmD

Advice on Solo Aging ■

Presenters: Jann Hartman, Audrey King,
Susy Stark, PhD, OTR/L, FAOTA

THEME

■ Medical Matters

■ Recreating Ourselves

■ Conditions of Aging

■ Wellness Practices

■ Minding Our Relationships

■ Life Decisions of Aging

SUNDAY, JUNE 1 (cont'd)

10:45 am – 12:00 pm

Pain: It Gets Our Attention ■

Moderator: Ann Crocker

Presenters: William M. DeMayo, MD,
Frederick M. Maynard, MD

Being Spiritual ■

Presenters: Allison (Sunny) Roller, MA, Ann Williams, AdvCBP, BAT

Assessment: Our Home ■

Presenters: Gina Hilberry, AIA, Cyndi Jones

Travel Opportunities ■

Presenters: Barbara Gratzke, Jean Hartley,
Sue Jones

1:15 – 2:30 pm

Managing Polio's Effect on Breathing ■

Moderator: Bonnie Jo Grieve, MD

Presenter: John R. Bach, MD

Assessment: Our Abilities ■

Presenters: Hilary Boone, Beth Kowall, MS,
OTR, Carol Vandenaeker-Albanese, MD

Relatives of Survivors: Three Perspectives ■

Moderator: Stephanie T. Machell, PsyD

Presenters: Mary Navarre, OP, Willard (Bill) Smith, PhD

Cardiovascular Aging ■

Presenters: Michael W. Rich, MD, Martin B. Wice, MD

Beyond Eradication: The Forgotten Polio Survivors of India

Presenter: Neena Bhandari

3:00 – 5:00 pm

Roundtable on Post-Polio Bracing ■

Moderator: William M. DeMayo, MD

Presenters: Marmaduke Loke, CPO,
Dynamic Bracing Solutions, Mike Nieder,
CO, Hanger, Inc, Prof. dr. Frans Nollet,
Tamara Treanore, CO

Passing in the Shadow of FDR: Then and Now ■

Presenter: Daniel J. Wilson, PhD

The Poliovirus and its Effects ■

Presenter: Antonio Toniolo, MD

7:00 – 8:30 pm

Getting There: Sample & Share

Presenters: Representatives of mobility companies and participants

■ Medical Matters

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MONDAY, JUNE 2

9:00 – 10:15 am

Let's Talk about the Spine ■

Presenters: Cynthia Henley, PT, Carol Vandenakker-Albanese, MD, Kathryn Wollam, PT

Staying Active: Mind & Body ■

Presenters: Mark D. Peterson, PhD, MS, Beverly Schmittgen, EdD, William G. Stothers

Pathways to Mindfulness ■

Presenter: Bridget Rolens, MA, BSOT

A Good Night's Sleep ■

Moderator: Ann Crocker
Presenter: William M. DeMayo, MD

Refining Our Castle ■

Presenters: Frank Frisina, Karen Hagrup

10:45 am – 12:00 pm

Weight Management ■

Moderator: Jann Hartman
Presenters: Kathy Davis, MSW, LCSW, Mark D. Peterson, PhD, MS

Wellness through Music ■

Presenter: Rebecca Schomburg, MT-BC, CLM

Communicating for Understanding ■

Presenters: Stephanie T. Machell, PsyD, Rhoda Olkin, PhD

Maintaining Posture ■

Presenters: Holly Wise, PT, PhD (Moderator), Tamara Treanore, CO, Carol Vandenakker-Albanese, MD

Legal Concerns for Polio Survivors:

A Benefits Primer ■

Presenter: Martha C. Brown, JD

1:15 – 2:30 pm

Update on Anesthesia ■

Presenter: Selma Calmes, MD

Why Worry? Stop Coping and Start Living ■

Presenter: Kathryn Tristan

Support Groups: What Works ■

Presenters: Jean Graber, Jann Hartman, Beth Kowall, MS, OTR, Mary-ann Liethof, Elizabeth Lounsbury, Micki Minner

Exploration of Faith & Disability ■

Presenter: Cyndi Jones

Finding a Pair of Hands and Legs ■

Moderator: Saul Morse
Presenter: Ann Ford

3:00 -5:00 pm

Roundtable on RADs, Vents & Interfaces ■

Presenter: Betsy Thomason, RRT

Exploring Exercise ■

Facilitators: William M. DeMayo, MD, Melissa Gatlin, Hannah Hedrick, PhD, Mark D. Peterson, PhD, MS, Frederick M. Maynard, MD, Prof. dr. Frans Nollet, Ann Williams, AdvCBP, BAT, Holly Wise, PT, PhD

My New Reality ■

Moderator: Rhoda Olkin, PhD
Presenters: Neena Bhandari, Mark Mallinger, PhD, Joyce Tepley

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TUESDAY, JUNE 3

9:00 – 10:15 am

Proven Energy Boosts ■

Presenters: Carol Elliott, Hannah Hedrick, PhD

A Discussion for Significant Others ■

Presenter: Willard (Bill) Smith, PhD

Lessons from The Rehabilitation Research & Training Center on Aging with a Physical Disability ■

Presenter: Alexandra Terrill, PhD, Aimee Verrall, MPH

End of Life: The Practical & The Experiential ■

Presenters: Audrey King, Maria Miskovic, LCSW

10:45 am – 12:00 pm

Post-Polio Research

Summary from Brazil & South America

Presenter: Dra. Tatiana Mesquita e Silva

Summary from Europe

Presenter: Prof. dr. Frans Nollet

New Research from Canada

Presenter: Mark Loeb, MD, MSC. FRCPC

1:15 – 3:00 pm

Post-Polio Research (cont'd)

Update on PHI-funded Research

Presenters: Carolyn (Kelley) Da Silva, PT, DSc, NCS, Claire Kalpakjian, PhD, Antonio Toniolo, MD

What Should Be Studied?

Moderators: Selma Calmes, MD, Daniel J. Wilson, PhD

Presenters: Research Panelists

Future Needs of Polio Survivors

Presenters: William G. Stothers, Daniel J. Wilson, PhD

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